



Vulcan County Regional Emergency Management Partnership (VCREMP)

NOVEMBER 10, 2020

RE: COVID-19 Update 86 (RED text indicates web link & New Information in BLUE)

IMPORTANT UPDATE FOR IMMEDIATE RELEASE

As of 3:30 p.m. Tuesday, November 10, 2020, the Vulcan County Region continues to be under the WATCH status on the Provincial update map. Currently there are 37 active cases within our region, which is an increase of 24 over last week's numbers. It is expected with the current active cases within the Vulcan County region, we will move in and out of the WATCH status for a number of weeks. These active cases are within borders of Vulcan County, or the urban municipalities within, and do not include cases from neighboring areas such as the Siksika Nation.

COVID Numbers within Vulcan County are as follows:

- 37 Active Case(s)
- 66 Recovered
- 3 Fatalities

Cases have been increasing within the Vulcan County region, please keep up the hard work in following proper personal hygiene and cleaning practices. Please follow these guidelines and watch your municipal websites for further updates.

Active cases within the Province now stand at 8,090. Recoveries within the Province now stand at 26,407.

Everyone, even persons not exhibiting symptoms or requiring mandatory self-isolation, is strongly encouraged to limit outings to a minimum, observe social distancing and avoid touching your face without first washing your hands.

With the confirmation of a confirmed cases within our region, please remain vigilant in the practices that have been established. Please ensure you are taking the proper precautions.



Measures: Vulcan County and Urban Municipalities Within

15-person limit on social and family gatherings - indoors and outdoors - where people are mixing and mingling.

Applies to all social gatherings, including but not limited to:

- banquets and award ceremonies
- wedding or funeral receptions
- luncheons or potlucks
- parties: birthday, baby showers, retirement, dinners, backyard BBQs
- other private social gatherings and functions

Does not apply to structured events, including but not limited to:

- seated-audience sports/shows
- conferences
- fitness centres
- funeral service
- in-person dining in restaurants
- wedding ceremonies
- worship services

Voluntary measures

Limit your cohorts to no more than 3: your core household, your school, and one other sport or social cohort. Young children who attend child care could be part of 4 cohorts, given that child care settings have not been a high risk for spread.

Wear a mask in all indoor work settings, except when alone in a workspace like an office or cubicle where you are safely distanced from others, or an appropriate barrier is in place.

Why These Measures Are Needed

The Province is implementing these actions now to help slow the virus's spread and make sure the health system can continue supporting patients with COVID-19, influenza and many other needs.

There is a time lag between transmission and new case identification. This means the cases we see today were infected up to 2 weeks ago.

What Else You Can Do

Continue following existing public health measures to keep ourselves and others safe:

- Keep 2 metres apart when you can, wear a mask when you can't
- Practice good hygiene: wash your hands often and cover coughs and sneezes
- Monitor your symptoms every day
- If sick, stay home, get tested, and follow mandatory isolation requirements while waiting for results:



- if positive, isolate from others for 10 days or until symptoms are gone, whichever is longer
- if negative, stay home until you are better
- Avoid non-essential travel
- Get the flu shot to keep influenza cases low so health workers can focus on the COVID-19 pandemic

As a refresher, VCREMP has put together [a series of videos on COVID-19](#) related themes:

- [Tips for Wearing Masks](#)
- [Tips for Washing Hands and Surfaces](#)
- [Tips on Public Distancing, Touching Your Face and Wearing Gloves](#)
- [When to See the Doctor](#)
- [Protect Our Communities](#)
- [Here for You](#)

Provincial Measures and Indicators of COVID-19 Regional Risks

There are two indicators the Province is using as measures on how regions are doing, with three classifications:

Open

- low level of risk, no additional restrictions in place
- less than 50 active cases per 100,000

Watch

- the province is monitoring the risk and discussing with local government(s) and other community leaders the possible need for additional health measures
- at least 10 active cases and more than 50 active cases per 100,000

Enhanced

- risk levels require enhanced public health measures to control the spread
- informed by local context

Program Availability If You Have Been Effected by COVID-19

There are a number of programs available through the Federal Government as a response to COVID-19. These programs are available for businesses, individuals, or families. For a complete list of programs please visit: <https://www.canada.ca/en/departement-finance/economic-response-plan.html>

Local assistance can also be provided through the Vulcan & Region Family Community Support Services. Program information can be found on their website at <http://www.vulcanandregionfcss.com> or by phoning their office at (403)485-2192 during regular business hours.

811 Health Link

Once again, people experiencing 7 symptoms are to take the [online](#) self-assessment. As a further reminder, **811-health link is for those who are feeling ill and seeking advice.**

If you, or someone you care about, are feeling overwhelmed with emotions like sadness, depression, or anxiety, or feel like you want to harm yourself or others



- Mental Health Help Line at 1-877-303-2643
- Addiction Help Line at 1-866-332-2322

Above information sourced from: <https://www.alberta.ca/coronavirus-info-for-albertans>

Remembrance Day Services

Due to COVID-19 restrictions, the Vulcan Legion will be holding a small indoor Remembrance Day Service at the Vulcan Legion.

The Champion Legion will be hosting an outdoor service, which will have a maximum capacity of 100 people. The Community is invited to follow this ceremony on Facebook where the entire event will be lived streamed at: Facebook: ChampionLegion262

Sincerely,

Nels Petersen

Regional Director of Emergency Management
 Vulcan County Regional Emergency
 Management Partnership

Phone: 403-485-3111
 Fax: 403-485-2920

