

The background of the entire page is a dark blue field populated with several 3D renderings of COVID-19 virus particles. These particles are spherical with a textured surface and are covered in numerous orange, cone-shaped spikes that radiate outwards. The particles are scattered across the frame, with some appearing larger and more detailed than others, creating a sense of depth and focus on the virus itself.

# **COVID-19**

A message from Vulcan County Regional Emergency Management Partnership (VCREMP), along with area Physicians and the Vulcan County Health and Wellness Foundation

**Community transmission of COVID-19 is on the rise in Southern Alberta. Confirmed cases continue to escalate in our neighboring municipalities of High River and Okotoks. At this time, the Vulcan County Regional Emergency Management Partnership (VCREMP), along with area Physicians and the Vulcan County Health and Wellness Foundation, strongly advise you to avoid areas of known outbreaks, shop local, and stay home. Through your efforts, we can continue to keep our region COVID-19 free and mitigate local healthcare facility pressures should cases begin to occur at a local level.**





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In addition to the above, the Vulcan Doctors want to remind the community of the very real danger of the spread of Covid19 and the importance of handwashing, social distancing and staying home.

Staying home is particularly important right now because of the local outbreak of Covid19 in the High River and Okotoks area.

We advise no non-essential travel, and in particular avoid visiting or shopping in the High River or Okotoks communities.

A recent incident in Newfoundland had one Covid-19 positive person visiting a funeral home in mid-March. There are now over 100 people infected as a result of that one interaction.

Nobody wants to be the one who brings Covid-19 back to our community.

Remember, even if you have no symptoms, you can spread the virus. Please help keep us all safe by shopping locally and staying home, and we'll get through this together.

Because of the need to avoid High River and Okotoks, Vulcan Hospital is now doing drive through COVID testing.

If you have any symptoms of cough, runny nose, sore throat, fever or shortness of breath please follow these steps:

- \* Self-isolate (do not leave your property except for COVID testing)
- \* Complete the AHS self-assessment tool online at: <https://myhealth.alberta.ca/Journey/COVID-19/Pages/COVID-Self-Assessment.aspx>
- \* If directed to get tested **DO NOT** complete the online form. **Call the Vulcan Hospital directly at 403-485-3333** and they will schedule you for drive through testing at the hospital.
- \* In order to preserve our supply of PPE these tests will be done at 10:00am and 3:00pm. Proceed to the hospital, park, call the hospital for instructions and wait in your car.
- \* Please indicate who your family physician is when you are being tested so that they will receive a copy of your results.

*For more information on local testing, contact the Vulcan Hospital (403) 485-3333*