



Vulcan County Regional Emergency Management Partnership (VCREMP)

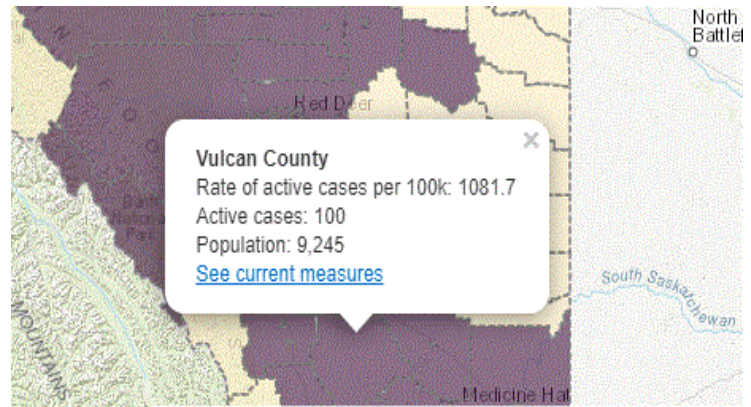
NOVEMBER 25, 2020

RE: COVID-19 Update 89 (**RED text** indicates web link & New Information in **BLUE**)

IMPORTANT UPDATE FOR IMMEDIATE RELEASE

Vulcan County remains in the “ENHANCED” category as active cases increase within Vulcan County.

COVID Numbers within Vulcan County are as follows:



Cases have been increasing at an alarming rate within the Vulcan County region, please keep up the hard work in following proper personal hygiene and cleaning practices. Please follow these [guidelines](#) and watch your municipal websites for further updates.

Active cases within the Province now stand at 13,719 (1,265 new cases on November 24th). Recoveries within the Province now stand at 36,582. There have been 2,157,044 tests completed on 1,432,857 people.

Everyone, even persons not exhibiting symptoms or requiring mandatory self-isolation, is strongly encouraged to limit outings to a minimum, **observe social distancing** and avoid touching your face without first washing your hands.

With the confirmation of a confirmed cases within our region, please remain vigilant in the practices that have been established. Please ensure you are taking the proper precautions.

As per Chief Medical Officer of Health Order #37 Part 1- Indoor Group Fitness and Sport Activities; any players from Calgary Metropolitan Region and Edmonton Metropolitan Region should NOT be travelling from their communities to other ENHANCED or non-affected areas for games or practices.



Measures: Vulcan County and Urban Municipalities Within

Measures	All Alberta	Enhanced (purple) Areas ¹	Calgary Area ²	Edmonton Area ²
No indoor social gatherings in any setting	✓	✓	✓	✓
Outdoor gatherings max of 10	✓	✓	✓	✓
Wedding and funeral services max of 10, no receptions permitted	✓	✓	✓	✓
No festivals or events	✓	✓	✓	✓
Grades 7-12 at-home learning Nov 30-Jan 11	✓	✓	✓	✓
ECS-Grade 6 at-home learning after break until Jan 11	✓	✓	✓	✓
Working from home should be considered, where possible	✓	✓	✓	✓
Places of worship at 1/3 normal attendance with mandatory masking	✗	✓	✓	✓
Restricted access to some businesses starting Nov. 27	✗	✓	✓	✓
Mandatory masks for indoor workplaces	✗	✗	✓	✓

Why These Measures Are Needed

The Province is implementing these actions now to help slow the virus's spread and make sure the health system can continue supporting patients with COVID-19, influenza and many other needs.

There is a time lag between transmission and new case identification. This means the cases we see today were infected up to 2 weeks ago.

What Else You Can Do

Continue following existing public health measures to keep ourselves and others safe:

- Keep 2 metres apart when you can, wear a mask when you can't
- Practice good hygiene: wash your hands often and cover coughs and sneezes
- Monitor your symptoms every day
- If sick, stay home, get tested, and follow mandatory isolation requirements while waiting for results:
 - if positive, isolate from others for 10 days or until symptoms are gone, whichever is longer
 - if negative, stay home until you are better
- Avoid non-essential travel
- Get the flu shot to keep influenza cases low so health workers can focus on the COVID-19 pandemic



As a refresher, VCREMP has put together [a series of videos on COVID-19](#) related themes:

- [Tips for Wearing Masks](#)
- [Tips for Washing Hands and Surfaces](#)
- [Tips on Public Distancing, Touching Your Face and Wearing Gloves](#)
- [When to See the Doctor](#)
- [Protect Our Communities](#)
- [Here for You](#)

Provincial Measures and Indicators of COVID-19 Regional Risks

There are two indicators the Province is using as measures on how regions are doing, with three classifications:

Open

- low level of risk, no additional restrictions in place
- less than 50 active cases per 100,000

Watch or Enhanced

- the province is monitoring the risk and discussing with local government(s) and other community leaders the possible need for additional health measures
- at least 10 active cases and more than 50 active cases per 100,000

Enhanced

- risk levels require enhanced public health measures to control the spread
- informed by local context

Program Availability If You Have Been Effected by COVID-19

There are a number of programs available through the Federal Government as a response to COVID-19. These programs are available for businesses, individuals, or families. For a complete list of programs please visit: <https://www.canada.ca/en/departement-finance/economic-response-plan.html>

Local assistance can also be provided through the Vulcan & Region Family Community Support Services. Program information can be found on their website at <http://www.vulcanandregionfcss.com> or by phoning their office at (403)485-2192 during regular business hours.

811 Health Link

Once again, people experiencing 7symptoms are to take the [online](#) self-assessment. As a further reminder, **811-health link is for those who are feeling ill and seeking advice.**

If you, or someone you care about, are feeling overwhelmed with emotions like sadness, depression, or anxiety, or feel like you want to harm yourself or others

- Mental Health Help Line at 1-877-303-2643
- Addiction Help Line at 1-866-332-2322

Above information sourced from: <https://www.alberta.ca/coronavirus-info-for-albertans>

Sincerely,

Kim Fath
Regional Deputy Director of Emergency Management
Vulcan County Regional Emergency Management Partnership